

FROM THE ARCHDIOCESE

COMMITMENT STATEMENT

The emotional, physical and spiritual safety, well-being and dignity of Children and Adults is an integral part of the teachings and values of the Catholic Church. The Archdiocese is wholly committed to ensuring the safety, well-being and dignity of all Children and Adults at Risk, and acknowledge its important legal, moral and spiritual responsibility to create a safe and nurturing environment for those Children and Adults.



CHILD SEXUAL ABUSE IS A CRIME. The appropriate people to deal with crimes are the Police. If you, or anyone you know, have been abused, please contact the Police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office on phone (02) 9390 5813 or via email SafeguardingEnquiries@SydneyCatholic.org. You may also want to speak to your Parish Priest. The Archdiocese of Sydney has a legal obligation to report crimes to the Police.

WORKING WITH CHILDREN CHECK CLEARANCE

You must keep your personal details up to date so that you can be contacted about your Working with Children Check (WWCC). Go to <https://ocg.nsw.gov.au/working-children-check/apply-wwcc/update-or-upgrade-your-wwcc-details> for more information. Please provide the Parish office with a copy of your WWCC. Thank you.

The Catholic Weekly

IN THIS WEEK'S EDITION

- Finding hope in Lebanon's ruins
 - Pope Leo shares meal with homeless, refugees
 - Kate's journey from culture wars to faith
 - The parish sharing faith through theatre
 - A forgotten church site that is worth a visit
 - A day of fertility help for women.
- Copies available at the entrances for \$2.00. Proceeds to St Vincent de Paul.



THE 54TH INTERNATIONAL
**EUCCHARISTIC
CONGRESS 2028**
SYDNEY, AUSTRALIA

KIDS CORNER

The Parable of the Weeds

When the wheat sprouted and formed heads, then the weeds also appeared. Mathew 28:26 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



J	R	L	N	O	Y	S	V	Q	C	Z	P	I	W	F	G	H	X	T	D	U	B	E	A	M	K
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

- 12-24-2-24-22-3-23 _____
- 14-23-23-20-7 _____
- 16-5-5-20 _____
- 7-23-23-20 _____
- 15-13-23-3-20 _____
- 14-17-23-24-19 _____
- 17-24-2-8-23-7-19 _____
- 22-21-2-4 _____

WHEAT PARABLE	WEEDS GOOD	FIELD HARVEST	SEED BURN
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UPCOMING EVENTS

FEAST DAYS OF JULY

MONTH OF THE MOST PRECIOUS BLOOD OF JESUS

- SAT 18 JUL—St Theneva
- SUN 19 JUL—St Peter Crisci of Foligno
- MON 20 JUL—St Apollinaris
- TUE 21 JUL—St Lawrence of Brindisi
- WED 22 JUL—St MARY MAGDALENE
- THU 23 JUL—St Bridget of Sweden
- FRI 24 JUL—St Sharbel Mahkluf
- SAT 25 JUL—St JAMES, APOSTLE
- SUN 26 JUL—Sts Joachim & Anne
- MON 27 JUL—St Simeon Stylites
- TUE 28 JUL—St Livican
- WED 29 JUL—Sts Martha, Mary & Lazarus
- THU 30 JUL—St Peter Chrysologus





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**Eucharistic
PROCESSION**

SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY

SATURDAY 15 AUGUST

FROM ST TERESE LAKEMBA TO ST JOSEPH BELMORE

1:00pm St Joseph Belmore - Guest speaker Fr Lam Vu OFM Cap - reflection on St Carlos Acutis
3:00pm St Therese Lakemba - Adoration followed by procession of Our Lady to St Joseph Belmore
5:30pm Vigil Mass of the Assumption of the Blessed Virgin Mary at St Joseph Belmore

Followed by Festivities after Mass | All welcome

**St Joseph
PARISH
BELMORE**



St Joseph's
CATHOLIC CHURCH
BELMORE

We are called to reach out to everyone with the Love of God.

NEWSLETTER

19 JUL 2026 | Number 294



ST JOSEPH'S PARISH

763 Canterbury Road,
BELMORE, NSW 2192
Parish Priest: FR ITA KOLOAMATANGI
Assistant Priest: FR FALAKIKO AFU
Deacon: REV. CHRISTOPHER ROEHRIG
Phone: (02) 9759 1280
Email: admin@StJosephBelmore.org.au
[Facebook.com/StJosephBelmore](https://www.facebook.com/StJosephBelmore)
Web: www.StJosephBelmore.au

MASS TIMES:

Mon—Sat: 9:00am
Sat: 5:30pm Vigil Mass
Sun: 8:00am & 10:00am
Youth Mass: 7:00pm
(First Friday of the Month)
Tongan Mass: 2:00pm
(Last Sunday of the Month)
Filipino Mass: 3:00pm
(First Sunday of the Month)
RECONCILIATION: Wed 6:00pm-6:45pm,
Sat 4:00pm-5:15pm

ADORATION & BENEDICTION:

Wed 6:00pm-7:00pm
Baptisms, Weddings & Funerals by
appointment, please contact the office.

TONGAN CATHOLIC CHAPLAINCY

763 Canterbury Road,
BELMORE, NSW 2192
Priest: FR ITA KOLOAMATANGI
Assistant Chaplain: FR FALAKIKO AFU
Ph: (02) 9145 2892
Email: admin@TCCAustralia.org.au
Social: [Facebook.com/TCCAustralia1](https://www.facebook.com/TCCAustralia1)
Web: www.tccaAustralia.org.au

ST JOSEPH'S CATHOLIC PRIMARY SCHOOL

8 Wilson Avenue,
BELMORE, NSW 2192
Principal: MRS KELLY PISANI
Ph: (02) 9759 1154
Email: info@StJBelmore.catholic.edu.au
Social: [Facebook.com/StJosephsBelmore](https://www.facebook.com/StJosephsBelmore)
Web: www.StJBelmore.catholic.edu.au

MONTH OF JULY IS DEDICATED TO THE MOST PRECIOUS BLOOD OF JESUS



ST JOSEPH BELMORE NEWSLETTER

SIXTEENTH SUNDAY IN ORDINARY TIME - YEAR A

—MyCatholic.life

REFLECTION FOR TODAY

Transformed by God's Word.

He spoke to them another parable. "The kingdom of heaven is like yeast that a woman took and mixed with three measures of wheat flour until the whole batch was leavened". Matthew 13:33.

Yeast is small—invisible once it is worked into the dough. And yet, its influence is pervasive and powerful. This simple image—yeast worked into three measures of flour, causing it to slowly rise—reveals that the Kingdom of Heaven is built quietly, almost imperceptibly, from within. Like leaven silently transforming dough from the inside, so too does God's grace operate—hidden yet active—in the heart, in the Church, and in the world.

Patiently watching dough rise can be a small wonder, especially for children. In this brief parable, the yeast symbolizes the Word of God, and the wheat flour, the human soul. When God's Word is welcomed by faith, it possesses the power to transform the entire soul. Just as yeast elevates and expands flour into bread, so God's Word elevates human nature and conforms it to Himself. How awe-inspiring it is to behold the gradual transformation of a soul animated by divine grace!

Saint Augustine offers several interpretations of the "three measures" of wheat flour. He suggests they can represent the threefold interior life of the human person: heart, soul, and mind (cf. Matthew 22:37); or the three degrees of fruitfulness described in the parable of the sower—"a hundredfold, sixtyfold, and thirtyfold" (cf. Matthew 13:23); or even the three righteous men mentioned in Ezekiel—Noah, Daniel, and Job (cf. Ezekiel 14:14), each representing a distinct path of fidelity under trial. Each of these interpretations reveals how God's transforming Word is at work not only in the individual soul, but within the Church and throughout all humanity.

Though "three measures" might not sound like much, it was in fact a substantial amount. According to ancient Jewish and Roman measurements, three measures (or satons) could equal nearly fifty pounds of flour—enough to feed more than a hundred people. The parable, therefore, is about abundance—the superabundant fruitfulness of God's Word when it is thoroughly received—penetrating deeply into the individual soul, the Church, and society. Like leaven in dough, this transformation takes time. Though not immediate, it is steady, enduring, and complete.

Consider your own life: Has the Word of God been thoroughly mixed into your whole being—into your heart, your soul, and your mind? Has it leavened your interior life so completely that even your smallest actions are touched by grace? Has divine love taken hold of you—not in part, but in whole?

Furthermore, do you see your interconnectedness with the Church and rejoice in the many ways God is at work within Her and Her members? Do you gaze upon the world and, with wonder and awe, perceive God's hidden activity? It is easy to focus on the worldly chaos and to be drawn into the sensationalism of evil. But it takes a truly perceptive soul—like a child watching dough rise—to behold the quiet, steady work of God, who is ever bringing His Kingdom to life—quietly, steadily, and far and wide.

Reflect today on the quiet ways God is at work within you, within the Church, and throughout the world. Though you might not always perceive the movement of grace, trust that it is active—like yeast in dough—gently transforming, sanctifying, and preparing hearts for the glory to come. Resist the temptation to measure your spiritual growth by visible signs or immediate results. Instead, remain faithful to prayer, attentive to the Word, and docile to the promptings of the Holy Spirit. God's Kingdom unfolds in time, and its rising is certain. Even when the world seems overwhelmed by sin or division, remember that the leaven is at work. The final loaf is being prepared for the eternal banquet—and you are being made ready, one hidden grace at a time, until you are fully prepared to share in the joy of the eternal feast.



MISSION STATEMENT

Our mission is to find ways, centred on the love of God, to provide a welcoming Parish, a place of spiritual nourishment, and a home to a community that supports everyone and encourages them to contribute their gifts.

ST JOSEPH BELMORE NEWSLETTER

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19 JUL 2026

19 JUL 2026

READINGS OF THE DAY

FIRST READING

A READING FROM THE BOOK OF WISDOM

In the place of sin, you give repentance.

There is no god, other than you, who cares for everything, to whom you might have to prove that you never judged unjustly. Your justice has its source in strength, your sovereignty over all makes you lenient to all. You show your strength when your sovereign power is Questioned and you expose the insolence of those who know it; but, disposing of such strength, you are mild in judgment, you govern us with great lenience, for you have only to will, and your power is there. By acting thus you have taught a lesson to your people how the virtuous man must be kindly to his fellow men, and you have given your sons the good hope that after sin you will grant repentance.

The word of the Lord.

RESPONSORIAL PSALM

R. Lord, you are good and forgiving.

- O Lord, you are good and forgiving, full of love to all who call. Give heed, O Lord, to my prayer and attend to the sound of my voice. **R.**
- All the nations shall come to adore you and glorify your name, O Lord: for you are great and do marvellous deeds, you who alone are God. **R.**
- But you, God of mercy and compassion, slow to anger, O Lord, abounding in love and truth, turn and take pity on me. **R.**

SECOND READING

A READING FROM THE LETTER OF ST PAUL TO THE ROMANS

The Spirit himself pleads for us in a way that could never be put into words.

The Spirit comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

The word of the Lord.

GOSPEL ACCLAMATION

Alleluia, alleluia!

**Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom.**

Alleluia!

GOSPEL

A READING FROM THE HOLY GOSPEL ACCORDING TO MATTHEW

Let them grow together until the harvest.

Jesus put a parable before the crowds, 'The kingdom of heaven may be compared to a man who sowed good seed in his field. While everybody was asleep his enemy came, sowed darnel all among the wheat, and made off. When the new wheat sprouted and ripened, the darnel appeared as well. The owner's servants went to him and said, "Sir, was it not good seed that you sowed in your field? If so, where does the darnel come from?" "Some enemy has done this," he answered. And the servants said, "Do you want us to go and weed it out?" But he said, "No, because when you weed out the darnel you might pull up the wheat with it. Let them both grow till the harvest; and at harvest time I shall say to the reapers: First collect the darnel and tie it in bundles to be burnt, then gather the wheat into my barn."

He put another parable before them, The kingdom of heaven is like a mustard seed which a man took and sowed in his field. It is the smallest of all seeds, but when it has grown it is the biggest shrub of all and becomes a tree so that the birds of the air come and shelter in its branches'. He told them another parable, The kingdom of heaven is like the yeast a woman took and mixed in with three measures of flour till it was leavened all through'. In all this Jesus spoke to the crowds in parables; indeed, he would never speak to them except in parables. This was to fulfil the prophecy: I will speak to you in parables and expound things hidden since the foundation of the world.

Then, leaving the crowds, he went to the house; and his disciples came to him and said, 'Explain the parable about the darnel in the field to us.' He said in reply, The sower of the good seed is the Son of Man. The field is the world; the good seed is the subjects of the kingdom; the darnel, the subjects of the evil one; the enemy who sowed them, the devil; the harvest is the end of the world; the reapers are the angels. Well then, just as the darnel is gathered up and burnt in the fire, so it will be at the end of time. The Son of Man will send his angels and they will gather out of his kingdom all things that provoke offences and all who do evil, and throw them into the blazing furnace, where there will be weeping and grinding of teeth. Then the virtuous will shine like the sun in the kingdom of their Father. Listen, anyone who has ears!

The Gospel of the Lord.



12:13, 16—19

Ps 64:10—14

8:26—27

13:24—43

NEXT WEEK: 26 JUL 26—SEVENTEENTH SUNDAY IN ORDINARY TIME—YEAR A

READINGS:

Reading 1: 1 Kings 3:5, 7—12

Responsorial Psalm: Ps 118:57, 72, 76—77, 127—130

Reading 2: Romans 8:28—30

Gospel: MATTHEW 13:44—52

The Word of the Lord



PARISH / LOCAL NEWS

Volunteers Needed

CAN YOU HELP?

We need your help especially during our Sunday liturgies. If you're able to, please send your details to the Parish Office via email: admin@StJosephBelmore.org.au stating which ministry you'd like to help—Collector, Lector, Choir, Eucharistic Minister etc. Thank you for your support and God bless you.

SACRAMENT OF RECONCILIATION—REMINDER



During Holy Hour (Adoration & Benediction) from 6:00pm to 7:00pm every Wednesday evening, Father will also be available for confession. All Welcome.



Exposition of the Most Blessed Sacrament

Every Sunday after 8:00am Mass

Please join us as we prepare for Eucharistic 2028

PLANNED GIVING ENVELOPES 2026—2027



Your envelopes are ready for collection from the back of the Church. If you do not find your pack of envelopes, please contact the Parish Office on phone 02 9759 1280 or via email at: admin@StJosephBelmore.org.au.

Thank you for your support and may God bless you all.

TAX RECEIPTS—END OF YEAR 30 JUNE 2026.

The Giving tax receipts for the financial year to 30 June 2026 are now ready. If you require a tax receipt, please email the Parish Office at: admin@StJosephBelmore.org.au or visit the office to collect your copy. Thank you for your support.

SACRAMENT OF CONFIRMATION PROGRAM 2026

DATE	EVENT
Sat 25 Jul — 9:00am — 12:00pm	Reflection / Rehearsal
SUN 2 AUG — 12:30PM	CELEBRATION OF THE SACRAMENT OF CONFIRMATION AT ST MARY'S CATHEDRAL, SYDNEY

NOTE: It is a requirement for all candidates along with at least one parent / guardian attend and participate in ALL sessions, except the Parent Information Evening.

Prayer Requests & Special Intentions

Please contact the Parish Office for your prayer requests and intentions. Email: admin@StJosephBelmore.org.au Phone: +61 2 9759 1280
May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



DEATH ANNIVERSARY—JULY

1st—Thomas H Crow; Richard Searle; Wilfred Robins; Maria Fabrizio; 2nd—Peter Thuc Pham; Eugenie Jones; Ernest Andre Shouha; 3rd—Mary Pickerin; 4th—Robert Williams; Feliciano Manay; 5th—Salvatore Trovato; Elsie Thompson; Bill Keogh; 6th—Amelia McInerney; Rose Brown; Gregory Payne; Michell Eid; 7th—Encarnacion Aguilar; Jose Pinto De Souza; Louise Coorey; 8th—Kathlyn A Dee; Rita C Hyland; Harry Burchell; 9th—Joselina Cabaero; 10th—Umberto Andreini; Felicissima Geronimo; Rafael Diaz; 11th—Horace M McGrath; Valaine M Tyquin; 13th—Linton Dingle; Maria Aua; Tederous Basil; 14th—Gregory E Byrnes; Gregoria Arcilla; Joseph Caracoglia; Olive Gavin; 16th—Henry Summers; Al Jackson; May Ongley; 17th—Kathleen M Blake; Mary Kayrooz; 18th—Robert O'Sullivan; 19th—John Johnston; Tammam Coorey; 20th—Chung Sai Lim (Peter); Lydie Guillaume; 21st—Italia Deluca; Giuseppe Lemura; Walter F Martin; 22nd—John D Johnston; Itala Torrens; George Elia; Maree Gangi; 23rd—Phillip Attie; Rod Coffey; 24th—Peter F Summerfield; Kathleen Summers; 25th—Gabriel Clair; Elizabeth Murphy; Dele Smith; Angele Russie; 26th—Clare Wilson; Julius & Margaret Sopry; Catherine Petris; Barry Logan; Clare Sherry; 27th—Norma Evans; Gisele Lebon; 28th—Federick Desmond Payne; Joseph F Greagg; Francis McNally; 29th—Sidney C Spratt; 31st—Joseph Gilles; Thomas Judge; Jack Logan; Joseph Gilles; Soane "Eiki" Sikimeti.

LET'S KEEP OUR CHURCH CLEAN

Our church is cleaned by volunteers

Please place any rubbish you have into the bins at the entrances, or take them home with you. Please contact the office on 9759 1280 or email admin@StJosephBelmore.org.au if you can help. Thank you for keeping our church clean.



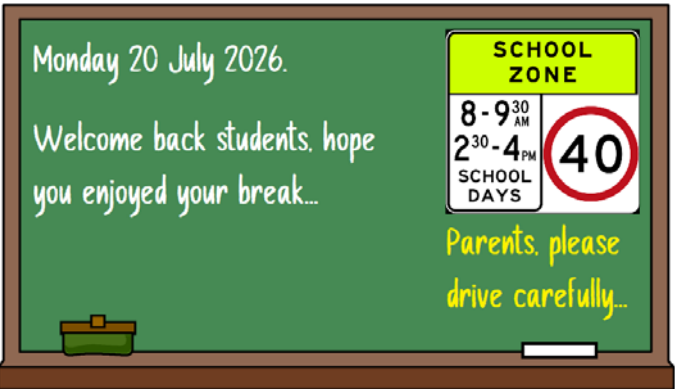
NOTICE NO FOOD OR DRINKS ALLOWED IN CHURCH

VINNIES—A MATTER OF FAITH



St Vincent de Paul Society
good works

The Society of St Vincent de Paul believes that seeking out and supporting the most vulnerable members of society is a key aspect of our faith. In our good works, we encounter Christ in the poor and share his compassionate and liberating love. No work of charity is foreign to us and we serve those in need regardless of creed, ethnic or social background, health, gender, or political opinions. We go to the margins to find those in need and the forgotten, the victims of exclusion or adversity. Our work is fostered through prayer and the inspiration of the Spirit. All around the State, Members of the Society are responding to the needs of their local communities in groups known as 'Conferences'. Vinnies is looking for people in this Parish and local community who are interested in joining the Society as Conference Members. We have opportunities for young people (over 16 years) to get involved in providing a hand up to those in need, and opportunities for adults who want to become a member. To find out more about becoming a Member of the Society, speak to one of our Vinnies Members after Mass on Saturday 25 or Sunday 26 July 2026.



MASS INTENTIONS

Parishioners who are sick. Our Elderly Parishioners. Parishioners celebrating their birthdays.

REPOSE OF SOULS

Souls of our dearly departed family members.