

FROM THE ARCHDIOCESE

COMMITMENT STATEMENT

The emotional, physical and spiritual safety, well-being and dignity of Children and Adults is an integral part of the teachings and values of the Catholic Church. The Archdiocese is wholly committed to ensuring the safety, well-being and dignity of all Children and Adults at Risk, and acknowledge its important legal, moral and spiritual responsibility to create a safe and nurturing environment for those Children and Adults.



CHILD SEXUAL ABUSE IS A CRIME. The appropriate people to deal with crimes are the Police. If you, or anyone you know, have been abused, please contact the Police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office on phone (02) 9390 5810 or via email SafeguardingEnquiries@SydneyCatholic.org. You may also want to speak to your Parish Priest. The Archdiocese of Sydney has a legal obligation to report crimes to the Police.

WORKING WITH CHILDREN CHECK CLEARANCE

You must keep your personal details up to date so that you can be contacted about your Working with Children Check (WWCC). Go to <https://ocg.nsw.gov.au/working-children-check/apply-wwcc/update-or-upgrade-your-wwcc-details> for more information. Please provide the Parish office with a copy of your WWCC. Thank you.

The Catholic Weekly

IN THIS WEEK'S EDITION

- Almost 460 converts gather for Rite of Election.
- Faith in the Year of the Fire Horse.
- Mixed reactions to return of 'ISIS brides'.
- Spiritual classics to read this Lent.
- Column: The path of prayer.

Copies available at the entrances for \$2.00. Proceeds to St Vincent de Paul

KIDS CORNER

The Transfiguration

While he was still speaking, a bright cloud enveloped them, and a voice from the cloud said, "This is my Son, whom I love, with him I am well pleased. Listen to him!" Matthew 17:5 (NIV)

Complete the activity by filling in the blanks.



A number of words have been removed from the text and placed in a word bank. Use the words from the word bank to fill in the blanks in the text. Write the words in the blanks provided.

After _____ days Jesus took with him Peter, James and John and led them up a high mountain.

While they were there, _____ was transfigured before them.

His _____ shone like the sun and his _____ became as white as the light.

Suddenly, Moses and Elijah appeared and were _____ with Jesus.

Peter said, "Lord it is good for us to be here. If you wish, I will put up _____ shelters-one for you, one for Moses, and one for Elijah.

While they were talking, a bright cloud covered them and a voice from the cloud said, "This is my _____, whom I love; I am pleased with him. Listen to him!"

When the disciples heard this, they were terrified and _____ face down to the ground.

Jesus said to them, "Don't be _____. Get up.

As they went down from the mountain, Jesus told them not to tell anyone what they had _____.

Based on Matthew 17:1-9

Son	Jesus	afraid	talking	seen
face	six	clothes	three	fell

Copyright © Sermons 4 Kids, Inc. • All rights reserved • www.sermons4kids.com

UPCOMING EVENTS

FEAST DAYS OF MARCH

MONTH OF ST JOSEPH

- SAT 28 FEB—St Augustus Chapdelaine
- SUN 1 MAR—2ND SUNDAY OF LENT; St Ursus of Toul
- MON 2 MAR—St Angela of the Cross Guerrero
- TUE 3 MAR—St Camilla
- WED 4 MAR—St Casimir
- THU 5 MAR—St Lucius I, Pope
- FRI 6 MAR—St Cyril of Constantinople
- SAT 7 MAR—Sts Perpetua & Felicity
- SUN 8 MAR—3RD SUNDAY OF LENT; St John of God
- MON 9 MAR—St Francis of Rome
- TUE 10 MAR—St Anastasia the Patrician
- WED 11 MAR—St Daminh Cam
- THU 12 MAR—St Bernard of Carinola
- FRI 13 MAR—St Grace of Saragossa
- SAT 14 MAR—St Urto of Padua
- SUN 15 MAR—4TH SUNDAY OF LENT; St Zachary, Pope



Saint Joseph, pray for us.

SOLEMNITY OF ST JOSEPH
Spouse of the Blessed Virgin Mary
Thursday 19 March 2026

Mass at 9:00am & 7:15pm.
Procession starts at 7:00pm followed by Mass.
Light refreshments after Mass.
All Welcome.

Open Days
St Joseph's Catholic Primary School Belmore

Sun 1 Mar, 11:30am – 1:00pm
Wed 4 Mar, 5:00pm – 6:00pm

CATHOLIC ARCHDIOCESE OF SYDNEY
FINDING SILENCE WITH ST. JOSEPH
PRAYING WITH THE LEADER, PROVIDER, PROTECTOR OF THE HOLY FAMILY

SATURDAY 21 MARCH 2026
7th - 4th | ST JOSEPH'S MOOREBANK | CLASS OF LENT

PRAYER • SILENCE • HEALING • INSPIRATION • DIRECTION
FR. JOHNSON MALABU JOSEPH OCS

ALL MEN WELCOME! www.sermons4kids.com

We are called to reach out to everyone with the Love of God.

NEWSLETTER

1 MAR 2026 | Number 274



ST JOSEPH'S PARISH

763 Canterbury Road, BELMORE, NSW 2192
Parish Priest: FR ITA KOLOAMATANGI
Assistant Priest: FR FALAKIKO AFU
Deacon: REV. CHRISTOPHER ROEHRIG
Phone: (02) 9759 1280
Email: admin@StJosephBelmore.org.au
[Facebook.com/StJosephBelmore](https://www.facebook.com/StJosephBelmore)
Web: www.StJosephBelmore.org.au

MASS TIMES:

Mon–Sat: 9:00am
Sat: 5:30pm Vigil Mass
Sun: 8:00am & 10:00am
Youth Mass: 7:00pm
(First Friday of the Month)
Tongan Mass: 2:00pm
(Last Sunday of the Month)
Filipino Mass: 3:00pm
(First Sunday of the Month)

RECONCILIATION: Wed 6:00pm–6:45pm,
Sat 4:00pm–5:15pm

ADORATION & BENEDICTION:

Wed 6:00pm–7:00pm
Baptisms, Weddings & Funerals by appointment, please contact the office.

TONGAN CATHOLIC CHAPLAINCY

763 Canterbury Road, BELMORE, NSW 2192
Priest: FR ITA KOLOAMATANGI
Assistant Chaplain: FR FALAKIKO AFU
Ph: (02) 9145 2892
Email: admin@TCCAustralia.org.au
Social: [Facebook.com/TCCAustralia1](https://www.facebook.com/TCCAustralia1)
Web: www.tccaAustralia.org.au

ST JOSEPH'S CATHOLIC PRIMARY SCHOOL

8 Wilson Avenue, BELMORE, NSW 2192
Principal: MRS KELLY PISANI
Ph: (02) 9759 1154
Email: info@StJBelmore.catholic.edu.au
Social: [Facebook.com/StJosephsBelmore](https://www.facebook.com/StJosephsBelmore)
Web: www.StJBelmore.catholic.edu.au



SECOND SUNDAY OF LENT - YEAR A

REFLECTION FOR TODAY

GOOD AND BAD DAYS.

—MyCatholic.life

"Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah". Matthew 17:4

The Apostle Peter's reaction to the Transfiguration reveals that he was overwhelmed by his firsthand experience of a glimpse of Jesus' true glory. Not long before this moment, our Lord took His disciples north to Caesarea Philippi and asked them privately who they thought He was. Peter boldly proclaimed, "You are the Messiah, the Son of the living God" (Matthew 16:16). In response, Jesus promised Peter that He would build His Church upon Peter's profession of faith and that Peter himself would be entrusted with the keys to the Kingdom of Heaven. It was a good day for Peter.

Shortly after this, however, Jesus began to reveal to His disciples that He "must go to Jerusalem and suffer greatly from the elders, the chief priests, and the scribes, and be killed and on the third day be raised" (Matthew 16:21). In response, Peter pulled Jesus aside and said, "God forbid, Lord! No such thing shall ever happen to you" (Matthew 16:22). Jesus replied harshly to Peter's rebuke: "Get behind me, Satan! You are an obstacle to me. You are thinking not as God does, but as human beings do" (Matthew 16:23). It was a bad day for Peter.

Jesus then taught His disciples, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it" (Matthew 16:24–25). Not only was Jesus soon to suffer greatly, but His followers, including the Twelve, were called to follow Him on this difficult path. This was hard news for them to accept.

In today's Gospel, we hear the story of the Transfiguration. Interestingly, Jesus allowed the disciples to reflect on His prediction of suffering for six days before taking Peter, James, and John up a mountain for prayer and solitude. Jesus, aware of their confusion and struggles, was transfigured before their eyes. "[H]is face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him" (Matthew 17:2–3). Peter exclaimed in this moment of glory, "Lord, it is good that we are here". It was another good day for Peter.

We all have good days and bad days. But what defines a good day versus a bad day? Was the day of Jesus' Crucifixion a bad one for Him? Certainly not. Though filled with intense suffering, it was the most glorious day in history because His perfect obedience to the Father's will was fulfilled. Similarly, Peter's good and bad days can be understood in terms of his willingness to obey Christ, especially when the demands were great.

In our lives, we must also define our good and bad days through the lens of obedience to God's will, especially when His will calls us to bear the Cross and practice sacrificial love. It's easy to love God when we are consoled, but it becomes much more difficult when we face trials. Peter's declaration, "Lord, it is good that we are here," is the perfect prayer for us to echo in every circumstance. When we are consoled, as Peter was at the Transfiguration, we must pray this prayer. But unlike Peter's earlier missteps, we must also say, "It is good," when we encounter opportunities for sacrificial love, even when difficult.

Reflect today on your own good and bad days. Use the lens of holy obedience and your call to live a life of sacrificial love. Do not hesitate to cry out to the Lord, "It is good!" Consider whether you view every cross and every invitation to love sacrificially as something good. This is what God desires for you; embrace His desire with determination and joy.

My sacrificial Lord, You embraced the Cross and saw it as truly good. You looked beyond the suffering and saw the fruits of Your sacrifice. Help me to imitate You by seeing every act of sacrificial love as the good I desire. I love You, Lord. Help me to love You and others with all my heart. Jesus, I trust in You.

MISSION STATEMENT

Our mission is to find ways, centred on the love of God, to provide a welcoming Parish, a place of spiritual nourishment, and a home to a community that supports everyone and encourages them to contribute their gifts.

READINGS OF THE DAY

FIRST READING

A READING FROM THE BOOK OF GENESIS

12:1—4

The call of Abraham, the father of God's people.

The Lord said to Abram, 'Leave your country, your family and your father's house, for the land I will show you. I will make you a great nation; I will bless you and make your name so famous that it will be used as a blessing.

'I will bless those who bless you:

I will curse those who slight you.

All the tribes of the earth shall bless themselves by you'.

So Abram went as the Lord told him.

The word of the Lord.

RESPONSORIAL PSALM

Ps 32:4—5, 18—20, 22

**R Lord, let your mercy be on us,
as we place our trust in you.**

- The word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love. **R**
- The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine. **R**
- Our soul is waiting for the Lord. The Lord is our help and our shield. May your love be upon us, O Lord, as we place all our hope in you. **R**

SECOND READING

A READING FROM THE SECOND LETTER OF ST PAUL TO TIMOTHY

1:8—10

God has saved us, and called us to be holy.

With me, bear the hardships for the sake of the Good News, relying on the power of God who has saved us and called us to be holy — not because of anything we ourselves have done but for his own purpose and by his own grace. This grace had already been granted to us, in Christ Jesus, before the beginning of time, but it has only been revealed by the Appearing of our saviour Christ Jesus. He abolished death, and he has proclaimed life and immortality through the Good News.

The word of the Lord.

GOSPEL ACCLAMATION

**Glory and praise to you, Lord Jesus Christ!
From the shining cloud the Father's voice is heard:
this is my beloved Son, hear him.
Glory and praise to you, Lord Jesus Christ!**

GOSPEL

A READING FROM THE HOLY GOSPEL ACCORDING TO MATTHEW

17:1—9

His face shone like the sun.

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured; his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah'. He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him'. When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid'. And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order. 'Tell no one about the vision until the Son of Man has risen from the dead'.

The Gospel of the Lord.



NEXT WEEK: 8 MAR 26—THIRD SUNDAY OF LENT—YEAR A

READINGS:

Reading 1: *Exodus 17:3—7*

Responsorial Psalm: *Ps 94:1—2, 6—9*

Reading 2: *Romans 5:1—2, 5—8*

Gospel: *JOHN 4:5—42*

The Word of the Lord



PARISH / LOCAL NEWS

LET'S KEEP OUR CHURCH CLEAN

VOLUNTEERS NEEDED

Our church is cleaned by volunteers.

Please place any rubbish you have into the bins at the entrances, or take them home with you. If you can help clean our church, inside & outside, please contact the office on 9759 1280 or email admin@StJosephBelmore.org.au.

Thank you for keeping our church clean.



SACRAMENT OF RECONCILIATION—REMINDER

During Holy Hour (Adoration & Benediction) from 6:00pm to 7:00pm every Wednesday evening. Father will also be available for confession. All Welcome.



St Joseph Belmore YOUTH Group

Youth Mass 7:00pm - First Friday's of every month... all welcome.

scriptures & activities every Friday night at 7:00pm

STATIONS OF THE CROSS
I II III IV V VI VII VIII IX X XI XII XIII XIV
Every Friday during Lent at 7:00pm

A CENTENARY OF LIFE!

MARIA PHAM THI CUC
Sunday 8 March, 8:00am.
Please join us as we celebrate another centennarian in our parish.
May God bless Maria and her family.



Prayer Requests & Special Intentions

Please contact the Parish Office for your prayer requests and intentions.
Email: admin@StJosephBelmore.org.au Phone: +61 2 9759 1280
May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



DEATH ANNIVERSARY—MARCH

1st—Pietro Milazzo; Keith Lane; Linda M McGlinchy; 2nd—Laurie Worth; Anna M Jemon; Eileen A McQuinn; Anne M Jemon; Enri Magsakay; Thomas P McQuinn; 3rd—Francisco Masejar; 4th—Noeline Smith; 5th—Mary Walters; Alice Cleary; Queenie Grace; 6th—Saturnino C Bonbon; Lucy Murphy; 7th—Angelo John Digilio; 8th—Joseph Khoury; Gary Swanson; Angela Prusicno; Maria R Divola; Marie Naoum; 9th—Sam Lill; Michael O'Connor; 11th—Fred H Weis; Joseph Attie; 12th—Bessema H Khoury; 13th—Charles Feeney; Frederick G Beltingham; 14th—Thomas M Glennon; Teresita McBryde; 15th—Tony Elia; 16th—Violet C Rowan; Ellen McGlynn; Edmund Fernando; Patrick F Steward; Evelyn Florence Hentry; 17th—Henry Attard; Antoine Khoury; Catherine Morris; 19th—Errol Moore; 20th—Helen Fellenw; George Tsafaropoulos; 22nd—Albert Worth; 23rd—Basil T (George) Donnelly; Maria L O'Laco; Francis Sidney Jones; 24th—Noeline McDonald; 26th—Harold Bull; 27th—Thomas L Crow; James K Fisher; Elizabeth Hayer; 28th—Arthur J; Sandra Petris; Myles Huon; Antonia Quinto; 29th—Eva Cummings.

MASS INTENTIONS

Parishioners who are sick. Our Elderly Parishioners. Parishioners celebrating their birthdays.

George Saouma.

REPOSE OF SOULS

Souls of our dearly departed family members.

Volunteers Needed

CAN YOU HELP?

We need your help especially during our Sunday liturgies. If you're able to, please send your details to the Parish Office via email: admin@StJosephBelmore.org.au stating which ministry you'd like to help—Collector, Lector, Choir, Eucharistic Minister etc. For more information / registration details, go to: <https://Liturgy.SydneyCatholic.org/ministry-training-formation/> or scan the QR code. Thank you for your support and God bless you.



Children's Liturgy
ST JOSEPH BELMORE PARISH HALL
Every Sunday during 10:00am Mass, in the Hall. All children and parents welcome. Children under 3yrs MUST be accompanied by an adult (parent/guardian). Sharing the Gospel in a child-friendly way.

SACRAMENT OF RECONCILIATION PROGRAM 2026

DATE	EVENT
Sat 28 Feb – 5:30pm	Enrolment Mass Please bring your child's enrolment card with you
Sat 28 Feb – after Vigil Mass	Session One (all 1-hour sessions, held in the Hall)
Sat 7 Mar – After Vigil Mass	Session Two
Sat 14 Mar – After Vigil Mass	Session Three
Sat 21 Mar – After Vigil Mass	Session Four
TUE 24 MAR – 7:00PM	CELEBRATION OF THE SACRAMENT OF RECONCILIATION

NOTE: It is a requirement for all candidates along with at least one parent / guardian attend and participate in ALL sessions, except the Parent Information Evening.

JOIN US FOR MASS ON
International Women's Day



Sunday 8 March, 1:00pm
Mary MacKillop Memorial Chapel, 7 Mount Street, North Sydney

Bus trip to Mt Schoenstatt, Mulgoa.
Sunday 17 May.
Bus leaves at 7:30am - \$50 a ticket.
Breakfast provided, please bring your lunch. Bus returns at 2:30pm.
Contact Georgette (0421 286 180) or Kalala (0434 988 030) for more details.

